

December 11, 2023

Good morning IS 201! It's Elly Wu Feng from 851, and I'm back with you on this Motivational Monday on behalf of the SEAL Team.

On this day in history, the Apollo 17 was successfully carried out in 1972. That was the last time humans visited the moon. The moon represents reflection and emotion cycles. As the only natural satellite of Earth and as the brightest and largest object in the night sky, no wonder there's a sense of mysteriousness surrounding it. And I want to share with you an inspirational moon quote. According to the author Norman Vincent Peale, "Shoot for the moon- even if you miss it, you will land among the stars." This encourages us to aim for and work hard to achieve difficult achievements. Set your sights high and take risks in pursuit of your goals. Even if you fail, you will still learn something valuable along the way. You either make it or don't. It's all fifty-fifty. The goal may be ambitious and far reaching, but you will never know the result unless you try.

Affirmation of the Day-

“I am an agent of change, performing small acts of kindness.” Be the change you want to see in the world. A small act of kindness can make a big difference. It’s as simple as holding the door open for the next person, writing an encouraging note, or just as easy as a “How are you.”

Thanks for listening have a Mission-Driven Monday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

