

April 4, 2025

Good morning I.S.201! This is Grace Zhang from class 732, here with you on behalf of the S.E.A.L. Team.

Following your dreams is about having the courage to pursue what truly excites and makes you happy, even when the path there isn't exactly easy. It requires a lot of perseverance and understanding that success isn't just about achieving a specific goal, but about the lessons learned along the way as well. Dreams often encourage us to step outside our comfort zones and take risks. Going after them might come with a few challenges or setbacks, but each step forward brings you closer to becoming your best self.

Chasing your dreams is important because it gives you purpose and motivation. When we go after what we truly want, we grow and become stronger. Dreams guide us and keep us focused, even when things get tough. Even though the path might be challenging, pursuing our dreams helps us learn new skills and grow as a person.

The affirmation of the day: I find joy in giving more than receiving.

Thanks for listening and have a Follow Your Dreams Friday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

