

May 22, 2026

Good morning I.S.201! This is Grace Zhang from class 832, here with you on behalf of the S.E.A.L. Team.

Trusting that every person's story matters means understanding that everyone has gone through different experiences that shape who they are. Some people may seem quiet or unimportant at first, but everyone has struggles, memories, and achievements that deserve to be recognized. When we listen to others and try to understand their point of view, we learn more about them and ourselves. No one's life is irrelevant, and every story can teach something meaningful if we are willing to listen. Believing that every story matters also helps create more respect between people. A person's story can inspire others, help someone feel less alone, or even change the way people think. When people feel heard and valued, it builds stronger relationships and a more caring place. In the end, every person's experiences matter because everyone has a unique perspective and purpose in the world.

Like Sigmund Freud, the affirmation of the day is, "Trust that every person's story matters."

Thanks for listening and have a Finding Value Friday 😊

## S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

