

March 6, 2024

Good Morning! It's Zia from class 851 here for Words of Wisdom Wednesday on behalf of the S.E.A.L Team!

Words, words, and more words! The thing we use every day to talk, write, and read. This week is Words Matter Week.

Words Matter Week is a reminder for everyone to be mindful of the way we use our words. Though many words have synonyms or words that have a similar meaning to them, each word is special and has its own unique significance. In addition, words are the foundation for communication and how we express ourselves.

While it's also true that "Actions speak louder than words", it doesn't mean we shouldn't be aware of how we use them. They can still affect the people around us. One unclear word or phrase that wasn't used properly in a sentence could change a big part of the meaning. Words, in addition to actions, help convey feelings and knowledge. Overall, words have a strong power and ability to heal, harm, hurt, and humble.

Thanks for listening and have a Well-Aware of How We Use Our Words Wednesday 😊

Affirmation of the day- I will try to be patient and resilient in the face of obstacles.

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

