

May 26, 2026

Good morning IS 201! This is Leilani from 731 here with you this Talk A lot Tuesday on behalf of the SEAL Team.

Did you know that today is national blueberry cheese cake day? National Blueberry Cheesecake Day is more than just dessert; it's about bringing people together. From family dinners to catching up with friends over coffee, a slice of blueberry cheesecake has a way of turning simple moments into lasting memories. The sweet blueberries, rich creamy fillings, and buttery crust remind us that the best connections are often made around the table.

Today, celebrate the joy of sharing something delicious with the people who matter most. Stop by, grab a slice, and make someone's day a little sweeter.

Like Sigmund Freud, the affirmation of the day is: "I ask questions that help me learn about myself."

Thank you for listening and have a Tasty Tuesday 😊

S.E.A.L. Team Pledge

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

